

## Popular Psychodrama & Drama therapy videos

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### **Описание:**

Nisha Sajnani, coordinator of Lesley University's Expressive Therapies Psychodrama/Drama Therapy graduate program, describes the benefits of Psychodrama/drama therapy. Lesley University is one of few universities in the United States to offer a Master's degree in Expressive Therapies: Psychodrama/Drama Therapy with a specialization in Mental Health Counseling.